

Ongoing Trainings

- > Trauma-Informed Parenting
- > CPR/1st Aid
- > Resource Family Orientation
- > Teen Group
- > Contact your NSFC social worker or recruitment dept. for more details



North Star Navigator

Mary's Corner

Dear Resource Families,
Please Join me and the rest of the North Star



Staff for our first Annual Resource Family appreciation Dinner at,

Sal's Restaurant on First and Alluvial, 5:30- 7:30 if you have not called to RSVP please do so as soon as possible. I would truly enjoy having you all there for a great dinner and relaxing evening.

And as a Reminder:

Self-care is not selfish or self-indulgent. We cannot nurture others from a dry well. We need to take care of our own needs first, then we can give from

our surplus, our abundance.

~ Jennifer Louden

We need to take care of ourselves before we can care for others.

Thank You

Mary Dela Torre, CEO



From the Director's Desk

We are excited to announce that social worker that Eli will be embarking on a new position with North Star Family Center as a Social Work Supervisor starting June 1, 2018.

Eli has been with North Star Family Center for 2 years and prior to his move over to our agency he has had experience working with children in the educational system and specialized foster care.

Congratulations to Eli Limon!



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National Foster Care Month 2018

May is National Foster Care Month, a month set aside to acknowledge foster parents, family members, volunteers, mentors, policymakers, child welfare professionals, and other members of the community who help children and youth in foster care find

permanent homes and connections.

During National Foster Care Month, we renew our commitment to ensuring a bright future for the more than 430,000¹ children and youth in foster care, and we celebrate all those

who make a meaningful difference in their lives.

Find additional information about National Foster Care Month on the website:

www.childwelfare.gov

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Interactive multimedia training courses for adoptive, kinship and foster parents.

- Available 24/7
- Nationally recognized training
- Multimedia learning
- Taught by experts

Groups/Events/Trainings

Teen Group: (Peggy Sung):

Budgeting Workshop

6/15/18

5:30pm

FP Support Group (AJ Jones):

6/15 at 5:30pm

Bi-Annual FP Meeting:

6/5/18

10:30am & 5:30pm

New FP College Training:

Bianca will be sending out the information on 5/5/18. The topic is "Cultural Issues in Parenting"

To RSVP for any group or training, or any questions, contact Bianca 226-2273.

Milestones

Newly Certified:

Ariana Ayala & Francisco Ovellas

Ariana is the daughter of our veteran Resource Parent Helen Ayala. She and Francisco live in Firebaugh and have capacity for 3 children. Welcome Ariana and Francisco to our North Star Family!!

May AFP anniversaries:

Ladonna and Fred Balto- 8 yrs

Qubie Marshall- 4 years

May Birthdays:

5/3- Zemma S (1)

5/22- Kylee M. (5)

Employee Anniversary:

It's hard to believe but Social Worker Peggy Sung is celebrating her 1 year anniversary at North Star! Peggy has already made an enormous impact on our team and especially our families and kiddos. Her enthusiasm and genuineness are a great asset to our agency!



25 Celebrities Who Grew up in Foster Care

The topic of the foster care system in America is often a controversial subject, but these stars are proof that you can emerge from foster care as a successful adult. Several famous actors, musicians and athletes have spent time in foster care. Some of these celebrities were sent to foster care after their parents died, but others were taken into custody of the state because of neglect or abuse.

Who is the most famous person who grew up in foster care? Marilyn Monroe tops our list. Marilyn Monroe grew up with foster parents, family friends, and various aunts and uncles as a ward of the state. Victoria Rowell was also raised in foster care. She said, "For anyone who has spent any portion of their childhood as a ward of the state, the notion of emancipation has multiple meanings. Though I was le-

gally and financially emancipated at the requisite age of eighteen and had always been fiercely independent, it wasn't until I was forty-three years old and a working mother of two that I finally set myself free.

Several famous men also grew up in foster care. After his father died and his mother fell ill, Eddie Murphy spent a year in foster care when he was four years old. Malcolm X lived in several foster homes when he was a teen. He later went to live with his sister, Ella, in Boston.

Are you surprised that so many celebrities spent time in foster care in their youth? Take a look at this list:

- John Lennon
- Steve Jobs
- Marilyn Monroe
- Eddie Murphy
- Cher
- Malcolm X
- James Dean
- Willie Nelson
- Babe Ruth
- Ice T
- Carol Burnett
- Trent Reznor
- DMX
- George Lopez
- Ray Charles
- Sylvester Stallone
- Xzibit
- Victoria Rowell
- Ruth Westheimer
- Alonzo Mourning
- Michael Oher
- Eriq La Salle
- Tommy Davidson
- Daunte Culpepper
- Dan O'Brien
- Jimmy Graham
- Jimmy Wayne
- Regina Louise

For more information, visit Foster Focus at Fosterfocusmag.com



"After his father died and his mother fell ill, Eddie Murphy spent a year in foster care when he was four years old."



www.
northstarfamilycenter
.org

Star Family Center is to protect and strengthen children and families, by addressing their diverse social needs, through community based programs and relationships".

OUR VISION: "By using the present to deal with the past and prepare our children for their future".

CONTACT US:
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North Star Family Center

Learn from the past, apply to today, prepare for tomorrow

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**Golf Tournament
Fundraiser**



**SAVE THE DATE: SEPTEMBER
22, 2018**
**ANNUAL GOLF FUNDRAISER
DRAGONFLY GOLF COURSE
MADERA, CA**

2nd Annual Fundraiser Golf Tournament

Net proceeds to benefit North Star Family Center program services, and support for Commercially Sexually Exploited Children, LGBTQ Youth, and Homeless Children & Families