



Mary Colleen O'Callaghan-Miele – Professional Biography



Mary Colleen O'Callaghan-Miele, CHt, CI, C.P.C

Founder/President/CEO

Certified Consulting Hypnotist, Certified Professional Coach,
Master Practitioner and Trainer of
Neuro-Linguistic Programming (NLP) &
Mental Emotional Release Therapy (MER©)

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Mary Colleen O'Callaghan-Miele is the Founder, President and CEO of HeadsUp Guidance and Wellness Centers of Nevada. Colleen specializes in Certified Consulting and Trainer Hypnotist, Certified Professional Life Coach, Master Practitioner and Trainer of Neuro-Linguistic Programming (NLP) & Mental Emotional Release Therapy (MER©). Colleen has reached Level 4 in the ancient Hawaiian empowerment techniques of HUNA and has studied extensively at Kona University.

In the spring of 2008, in collaboration with the City of Las Vegas Housing Authority, Colleen began to set the groundwork that would ultimately become what is now HeadsUp Guidance and Wellness Centers. Since it's opening in October 2008, Heads Up has served over 8000 clients from lower socioeconomic situations and has helped those clients and their families live lives of greater peace and function. Colleen's function in serving this community and state seems to be inherited from her parents who dedicated their lives to serving Nevadans in need.

Colleen serves the clients of HeadsUp Guidance and Wellness Centers in many ways, but most enjoys using her skills of emotional and mind management. As a Master Clinical Hypnotherapist and Master Practitioner of a number of healing arts, Colleen creates environments of safety and nurturing where deep and long lasting change takes place. Her clients report amazing results that continue to benefit them over time. The results of her work have been documented in a study sponsored by HeadsUp and presented to the 24th American Psychiatric and Mental Health Congress held in Las Vegas in November of 2011.

Colleen is also the proud mother of 6 sons, Matthew, Justin, Joshua, Mark, Christopher, Timothy and grandmother of Matthew Alphonse and Luke Timothy.

She also enjoys travel, animals, nature, and cooking.

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