



AUSTIN PSYCHIATRIC CONSULTANTS

Psychological Assessment, Individual, Group, Couples, Family, & Play Therapy

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*A division of Psychiatric Consultants of Ft. Worth, PA
Serving the mental health needs of Texans since 1979*

PATIENT SOCIAL/MEDICAL HISTORY

Name _____ Date _____

Date of last physical exam: _____ Name of primary care physician: _____

List all current drugs/medications and who prescribed –include any supplements/amino acids:

_____	_____
_____	_____
_____	_____

List any known drug allergies/adverse drug reactions: _____

Current/past medical conditions & treating physicians:

_____	_____
_____	_____
_____	_____

Have you ever had a head injury? _____

How often do you use: tobacco: _____, drugs/alcohol: _____, other: _____

Academic: How far did you go in school?: _____ Future educational plans: _____

Problems you had in school (e/g., special education classes, tutor, learning disability, held back, etc.):

Employment: Current job: _____ How long held? _____

Previous job(s): _____

Have you had any problems with job instability? _____

Family of Origin: With whom did you live growing up? _____

Where did you grow up?: _____ How many siblings do you have?: _____

Any history of developmental delays _____

If your parents are divorced, how old were you when this occurred?: _____

How often do you speak to your family members?: _____

Was there any abuse (physical, emotional, sexual) in your family?: _____

Any family history of mental illness, hospitalization, “nervous breakdown”?: _____

Name _____

Please list names, ages, occupations, and level of education of family members:

NAME	AGE	RELATIONSHIP	LIVING/ DECEASED	IN HOUSE	OCCUPATION	EDUCATION

Did the following occur in your family?

- | | |
|--|--|
| <input type="checkbox"/> Family frequently moved | <input type="checkbox"/> Rape/sexual assault of yourself or family member |
| <input type="checkbox"/> Parent(s) unemployed for an extended period of time | <input type="checkbox"/> Family member attempted/committed suicide |
| <input type="checkbox"/> Frequent, hostile arguing among family members | <input type="checkbox"/> Family member with an eating problem |
| <input type="checkbox"/> Death of parent(s) before you were 18 | <input type="checkbox"/> Family member with debilitating illness or handicap |
| <input type="checkbox"/> Parent(s) with a drinking/drug problem | <input type="checkbox"/> Family member prosecuted for criminal activity |

Current Issue:

Please check any of the following items which concern you regarding current symptoms:

- | | | |
|--|---|--|
| <input type="checkbox"/> Self-esteem, self-confidence | <input type="checkbox"/> Relationship/marital concerns | <input type="checkbox"/> Sexual concerns |
| <input type="checkbox"/> Family conflicts or pressures | <input type="checkbox"/> Procrastination or motivation | <input type="checkbox"/> Sleep problems |
| <input type="checkbox"/> Anxiety, nervousness, fears | <input type="checkbox"/> Health problems | <input type="checkbox"/> Parent-child problems |
| <input type="checkbox"/> Friendship conflicts | <input type="checkbox"/> Gay/Lesbian issues | <input type="checkbox"/> Work or career concerns |
| <input type="checkbox"/> Angry, hostile feelings | <input type="checkbox"/> Eating or appetite problems | Other: _____ |
| <input type="checkbox"/> Loneliness | <input type="checkbox"/> Suicidal feelings or behaviors | _____ |
| <input type="checkbox"/> Traumatic experience | <input type="checkbox"/> Alcohol or drug problems | _____ |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Stress | _____ |

Additional Information regarding the main concern(s) that brought you here: _____

Name(s) of previous therapist(s)/dates seen: _____

Social Situation:

With whom do you live currently? For how long?: _____

Are you married? For how long?: _____

Do you have any children – please list ages, genders: _____

If you have had divorces, subsequent marriages, please list: _____

What are your hobbies?: _____

With whom do you spend your free time?: _____

Have you ever been in trouble with the authorities?: _____

How often/much do you drink alcohol?: _____

Do you use any other substances?: _____

Have you ever gotten in trouble due to drug/alcohol use?: _____

Is there any family history of substance abuse?: _____