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UPPER ENDOSCOPY / ERCP

You have been scheduled for a test called an Esophagogastroduodenoscopy (EGD) / Endoscopic retrograde cholangio-pancreatography (ERCP). This test consists of passing a flexible scope into your esophagus (food tube), stomach, and the duodenum (the beginning of your small intestine). This procedure allows the doctor to visualize the lining of your throat, esophagus, stomach and duodenum. In an ERCP, the biliary and pancreatic ducts are examined.

**YOUR PROCEDURE IS SCHEDULED ON _____
AT APPROXIMATELY _____ AT ABILENE REGIONAL
MEDICAL CENTER / TEXAS MIDWEST SURGICAL CENTER.** This time is variable depending the case scheduled ahead of yours and/or emergency cases that might be done. If you are scheduled at Texas Midwest, they will call you directly with the appointment time two days before the test.

DAY BEFORE SURGERY

A low-fat diet the day before the test is recommended. Do not eat green leafy vegetables or drink any red or purple liquids.

****DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE THE TEST****

Please discontinue all aspirin, aspirin products seven (7) days prior to the procedure or blood thinners (such as Coumadin) five (5) days prior to the procedure—ONLY if okay with your primary physician or your heart specialist (cardiologist).

Please discontinue all iron pills including vitamins with iron three (3) days prior to the test.

Please inform the doctor or nurse if you have had a joint (ex: knee or hip) or heart valve replacement or if you need antibiotics before or after minor surgery.

Please bring someone with you to drive you home after the exam.

If a biopsy is taken or a polyp removed, the office will contact you within 10 days with the results. **If you do not hear from us please call us.**

DAY OF THE PROCEDURE

Arrive at **Abilene Regional Medical Center/Texas Midwest Surgery Center** at _____ or as directed.