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**CAPSULE ENDOSCOPY PATIENT PREP FORM**

**THIS PATIENT GUIDE WILL INSTRUCT THE PATIENT ON HOW TO APPROPRIATELY PREPARE FOR THE CAPSULE ENDOSCOPY PROCEDURE. PLEASE FOLLOW THE DIRECTIONS BELOW. PATIENTS SHOULD CONTACT THE OFFICE WITH ANY QUESTIONS AT 325-692-3777.**

- 1. PATIENT SHOULD STOP TAKING IRON SUPPLEMENTS 1 WEEK BEFORE THE PROCEDURE AND SHOULD NOT INGEST ANY MEDICINES AT LEAST 2 HOURS PRIOR TO THE PROCEDURE.**
- 2. DIABETIC PATIENTS NEED TO FOLLOW ANY CHANGES TO INSULIN DOSAGE AS PRESCRIBED BY THE PHYSICIAN.**
- 3. THE PATIENT SHOULD BE ON CLEAR LIQUIDS 24 HOURS PRIOR TO THE PROCEDURE. THE PATIENT SHOULD NOT DRINK ANY SODAS FOR 24 HOURS PRIOR TO THE PROCEDURE. AFTER MIDNIGHT THE NIGHT BEFORE THE PROCEDURE PATIENT CAN ONLY HAVE WATER.**
- 4. PURCHASE MIRALAX 120 GRAMS AND 2 MYLICON 80 MG TABLETS(BOTH ARE OVER THE COUNTER)**
- 5. MIX THE BOTTLE OF MIRALAX IN A QUART OF GATORADE (NOT RED OR PURPLE) OR TEA AND DRINK COMPLETELY 12 HOURS PRIOR TO THE PROCEDURE. TAKE 2 MYLICON PILLS ONE HOUR LATER WITH WATER AFTER FINISHING MIRALAX.**
- 6. THE PATIENT SHOULD ABSTAIN FROM SMOKING 12 HOURS BEFORE THE PROCEDURE.**
- 7. ON THE DAY OF THE PROCEDURE THE PATIENT SHOULD WEAR LOOSE, COMFORTABLE CLOTHING(ONE-PIECE CLOTHING SHOULD NOT BE WORN)**
- 8. PRIOR TO THE PROCEDURE, DO NOT APPLY ANY LOTIONS OR PERFUMES.**
- 9. AFTER SWALLOWING THE CAPSULE, ONLY DRINK WATER UNTIL YOU RETURN THE RECORDER.**