

**Kids And Company
Infant Safe Sleep Policy
Adopted April 2004
Revised February 2009**

Sudden Infant Death Syndrome (SIDS) is the unexpected death of a seemingly healthy baby for whom no cause of death can be determined based on an autopsy, an investigation of the place where the baby died and a review of the baby's medical history.

The Child Care Law requires that child care providers caring for children 12 months of age or younger implement a safe sleep policy, share this information with parents, and participate in training.

This facility believes all families have a right to safe and healthy child care and will practice the following safe sleep policy:

Safe Sleep Practices

1. All child care staff working in the infant room, or child care staff with scheduled hours in the infant room will receive training on our Infant Safe Sleep Policy and SIDS risk reduction.
2. Infants will always be placed on their backs to sleep, unless there is a signed sleep position waiver on file as allowed by the law. A copy of the waiver will be posted on the infant's crib.
3. We will follow the American Academy of Pediatrics recommendation to allow babies who can roll over on their own to assume the position they prefer for sleep. We will discuss with parents how to address the circumstance when a baby turns onto their side or stomach on their own. A sign or note card will be placed on or above any child's crib that can roll over to indicate that ability.
4. Sleeping infants will be visually monitored frequently by staff. A sleep chart will be used to document that each infant has been monitored at a minimum every 15 minutes. Staff will be especially alert to the rise and fall of each infant's chest. Staff will initial the sleep chart to document that they have visually checked the infant.

A Safe Sleep Environment

5. Room temperature will be monitored so that it does not exceed 75 degrees F and babies will not be over wrapped. A thermometer will be placed in each infant room to assist in monitoring the room temperature.
6. Infants' heads will not be covered with blankets or bedding. The tops of infants' cribs will not be covered with bedding.
7. No loose bedding, pillows or bumper pads will be used in cribs. Only lightweight blankets will be used to cover infants. The blankets will be provided by the center.
8. Toys and stuffed animals will be removed from the crib when the infant is sleeping.
9. A crib with a firm mattress will be used for sleeping babies.
10. Only one infant will be in a crib at a time, unless we are evacuating infants in an emergency or during practice evacuations such as fire drills.
11. No smoking is permitted in any area used by children, including the playground areas.
12. Awake babies will be given supervised "tummy time."

NOTE: All parents/guardians of infants cared for in this facility will receive a written copy of our Infant Safe Sleep Policy and information about SIDS risk reduction before enrollment.

I, the undersigned parent or guardian of _____ (child's full name), do hereby state that I have read and received a copy of the Kids And Company Infant Safe Sleep Policy on _____ (today's date), and that the Director/Assistant Director has discussed Kids And Company Infant Safe Sleep Policy with me.

Date of Child's Enrollment: _____

Signature of Parent or Guardian: _____

Date: _____

Signature of Child Care Provider: _____

Date: _____