

The Ankle & Foot Walk-In Clinic
Doctor Scott Peters
Specialist of the Ankle & Foot

University Hospitals
Mayfield Village Medical Center
730 SOM Center Rd. Suite 350 - Mayfield Village, OH 44143
Phone Number: 440-995-1111 Fax Number: 440-995-1234

SOAKING INSTRUCTIONS - FOOT

1. Remove dressing if one is in place.
2. Soak foot in lukewarm salt water for 15 minutes:
(enough water to cover foot and 2 Tbsp salt)

1 time 2 times 3 times

each day

1 day 3 days 1 week
3. Apply antibiotic cream/ointment as directed followed by application of bandage.

If the area should have an increase in redness, swelling, or pain or if you should develop fever, chills, night sweats, nausea, or vomiting please call Dr. Peters immediately.