

POSSIBLE RISK OF TESTING

Skin testing will be administered at this office with a medical physician or nurse practitioner present since occasional reactions may require immediate therapy. These reactions may consist of any or all of the following: itchy eyes, nose, or throat; nasal congestion; runny nose; tightness in the throat or chest; increased wheezing; lightheadedness; feel faint; nausea and vomiting; hives; generalized itching; and on extremely rare occasions, shock.

PLEASE NOTE THAT THESE REACTIONS RARELY OCCUR BUT IN THE EVENT A REACTION WOULD OCCUR, THE STAFF IS FULLY TRAINED AND EMERGENCY EQUIPMENT IS AVAILABLE.

**STATEMENT OF PATIENT OR ADULT PARENT/
GUARDIAN OR MINOR PATIENT**

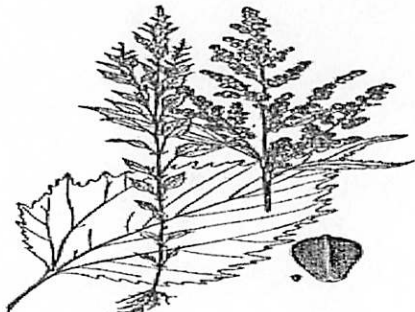
I have read the patient instruction and consent sheet and understand it. The opportunity has been provided for me to ask questions regarding the patient information sheet on allergy skin testing. The opportunity has been provided for me to ask question regarding the potential side effects of allergy skin testing and these questions have been answered to my satisfaction. I understand that every precaution consistent with the best medical practice will be carried out to protect me against such reactions. Testing may take 1-2 hours

Patient Name (print): _____ Date: _____

Patient/ Parent/ Guardian Signature: _____ Date: _____

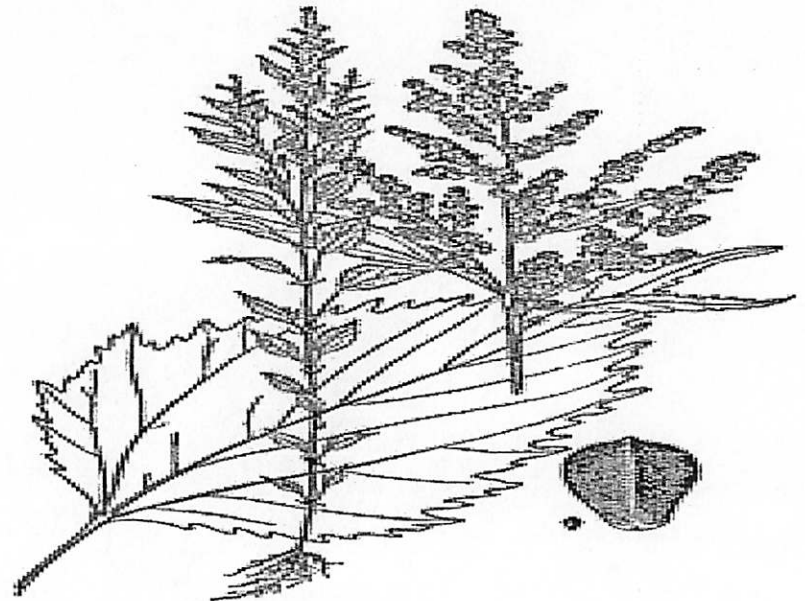
- { } Adult Patient
- { } Parent/ Guardian Signature for Minor Patient

Physician: Joseph Pflanze, M. D.
Physician (signature): _____ Date: _____



Joseph Pflanze, M.D.
Bolton Boone Dr. Suite 101
DeSoto, TX 75115
www.pflanze.com

**INFORMED CONSENT SHEET FOR
ALLERGY SKIN TESTING
ADULTS & CHILDREN**



JOSEPH PFLANZER, M. D.
2801 Bolton Boone Dr. Suite 101
972-298-6677
www.pflanzermd.com

INFORMED CONSENT SHEET FOR
ALLERGY SKIN TESTING
ADULTS & CHILDREN

SKIN TEST

Skin tests are a method of testing for allergies. A test consists of introducing small amounts of allergens into the skin and noting the development of a positive reaction (a swelling or flare in the surrounding area of redness). The results are read 15 to 20 minutes after application of allergen.

TESTING METHODS

Prick- Puncture Method: The skin is lightly scratched with a specially designed plastic applicator containing each allergen.

Intradermal Method: This method consists of injecting small amounts of an allergen into superficial layers of the skin.

Interpreting the clinical significance of skin tests requires skillful correlation of the test results with the patient's clinical history. Positive tests indicate the presence of allergic antibodies and are not necessarily correlated with clinical symptoms.

You will be skin tested to important area airborne allergens and food testing if necessary. The skin testing generally takes 1 to 2 hours. Prick test will be performed on your back and intradermal test on your arm. If you have a specific allergic sensitivity to one of the allergens, a red, raised, itchy bump will appear on your skin within 15- 20 minutes. The tests will be read by the Physician or Nurse Practitioner. Patients may be given an antihistamine after testing to help control the itching or a topical product may be applied to the testing area. Any positive reactions will gradually disappear over a period of time. Rarely, local swelling at a test site will begin 4 to 8 hours after the skin test are applied. If this occurs, please notify the office for treatment instructions. These local reactions are not serious and will disappear over the next week or so.

After all skin testing is complete, you will meet with Dr. Joseph Pflanzner to discuss the test results and determine a treatment plan.

TESTING GUIDELINES

MEDICATIONS TO STOP USING PRIOR TO TESTING:

1. No prescription or over-the-counter antihistamines should be used 3-5 full days prior to the scheduled skin testing. These include cold tablets, night time medications, sinus tablets, hay fever medications, oral treatments for itchy skin, etc. Some examples of these drugs include Claritin, Alavert, Benadryl, Astelin, Nasal Spray, Tavist, Dimetapp, Rondec, Rescon, Tylenol PM/Allergy/FLU, Thera Flu Severe Cold and many other.
2. Do NOT take the following for 5 days prior to testing: Zyrtec, Clarinex, Hydroxyzine or Atarax.

If you have any questions whether or not you are using an antihistamine, please ask the Nurse or Doctor. This is not a complete list of medications.

3. Medications such as over-the-counter sleeping medicines (e.g., Nytol) and other prescribed drugs, such as Doxepin (Siquan), and Imipramine (Tofranil PM) have antihistaminic activity and should be discontinued at least two weeks prior to receiving skin tests. Please make the Doctor and Nurse aware of the fact that you are taking these medications so that you may be advised as to how long prior to testing you should stop taking them.

YOU MAY CONTINUE:

1. You may continue using intranasal allergy sprays such as FLonase, Nasonex, Rhinocort, Aqua, Nasacort AQ, Nasarel, Saline, Afrin, or Veramyst.
2. You may continue all Asthma Medications such as Advair, Pulmicort, Qvar, Combivent, Serevent, Diskus, Maxair, Proventil, Albuterol, Intal, Foradil, Spiriva, Singulair and Symbicort.
3. You may take over-the-counter decongestants such as Sudafed, Guaifenesin, Mucinex or Pain Relief medication such as Acetaminophen or Ibuprofen. (All of these must be free of antihistamines).
4. Most drugs do not interfere with skin testing but make certain that your physician and nurse know about every drug you are taking.
5. Fasting is NOT necessary.

PLEASE LET THE PHYSICIAN AND NURSE KNOW:

1. If you are taking any beta-blockers or antidepressants.
2. If you are pregnant.
3. If you have a fever or wheezing.
4. Any Medication you are taking (bring a list if necessary).

+ Please do not bring small children with you during your testing procedures unless they are accompanied by an adult.

+ Anyone 17 years old or younger must have a parent present during the entire procedure unless written consent is signed by the parent or legal guardian prior to testing.