

## Nuclear Stress Test Patient Instructions

1. ABSOLUTELY NO CAFFEINE, DECAFFEINATED PRODUCTS, OR CHOCOLATE 6 HOURS PRIOR TO TEST.
2. NOTHING TO EAT AFTER MIDNIGHT. DRINK ONLY MILK, JUICE, OR WATER IN SMALL AMOUNTS
3. TEST TAKES 4-5 HOURS. PLAN TO BE IN OUR OFFICE FOR AT LEAST HALF THE DAY.
4. WEAR COMFORTABLE CLOTHING AND SHOES.
5. DO NOT TAKE THE FOLLOWING MEDICATIONS FOR 6 HOURS PRIOR TO THE TEST:  
Cafergot, Wigraine, NoDoz, Synalgos, Darvon, Anacin, Excedrin, Fiorinal, or Aspirin
6. IF YOU TAKE ANY MEDICATION CONTAINING THEOPHYLLINE OR TRENTAL, STOP TAKING IT 48 HOURS BEFORE THE TEST.  
SOME MEDICATIONS CONTAINING THEOPHYLLINE ARE:  
Theo-24, Theoclear, Theo-Dur, Theobid, Theovent, Theobid, Theolair, Theochron, Slo-bid, Slo-phyllin, Sustaire, Respbid, Uniphyl, Ouibron, Constant-T, Aerobid, Elixophyllin, and Bronkodyl.

OUR OFFICE REQUIRES 48 HOUR NOTICE TO CANCEL OR RESCHEDULE YOUR APPOINTMENT IF YOU ARE UNABLE TO KEEP IT. IF YOU DO NOT CALL WITHIN THAT 48 HOUR TIME, YOU WILL BE CHARGED A FEE OF \$245.00 THAT WILL BE DUE UPON NEXT YOUR NEXT VISIT. INSURANCE WILL NOT COVER THIS CHARGE.

IF YOU HAVE ANY QUESTIONS OR CONCERNS, FEEL FREE TO CALL OUR OFFICE AT 803-532-8155. THANK YOU!

revised 4-8-11-JD