

Oral Surgery Pre-Operative Instructions

The following instructions are provided to help you understand and prepare for your upcoming oral surgery.

Surgery Scheduling

- Your oral surgeon's office will schedule your surgery date with Surgical Arts Center. The surgery center will set your appointment time. Earlier appointments are usually reserved for young children and patients with special needs.
- If your child requires a safety seat while riding in a vehicle, begin planning immediately to have one available at the time of discharge.
- **Do not use public transportation (the bus). If you do not have transportation for the day of surgery, your surgery will need to be rescheduled.**
- Consult with your oral surgeon's office for your financial obligations prior to the day of your procedure. All fees are due upon registration. No personal checks will be accepted.
- You will be contacted by a nurse from the surgery center at least one day prior to your appointment to review your medical history, current medications, specific preoperative instructions and to confirm your appointment time.
- If you have not been contacted by Surgical Arts Center and your surgery is scheduled to occur within the next 24 hours, please call (210) 308-5681 between the hours of 8:00 am and 4:00 pm, Monday through Friday.
- Avoid planning any other activities for the day of your surgery.

If You Get Sick Before Surgery

- Call your oral surgeon's office if you develop a fever or flu-like symptoms occurring the week prior to surgery, or if you have been exposed to anything contagious such as a stomach virus, a skin rash, pink eye or lice. If you have a change in your existing medical condition such as asthma or seizures, notify your oral surgeon's office.

Visitors

- **Do not bring siblings or other children to the surgery center on the day of surgery. The patient who is having surgery will require your full attention. Rooms have limited space and there are several areas where young children are not allowed for safety reasons. It is in the best interest of our patients to limit exposure to illnesses as much as possible. Your surgery will be cancelled if there is not an adult present who is responsible for your care individually. If multiple patients from the same family are having surgery on the same day, each patient is required to have an adult caregiver.**
- One visitor at a time is allowed to remain with the patient in the preoperative and recovery areas.
- One parent/guardian must remain at the surgery center during the procedure.
- In order to maintain the privacy of all patients, no video recording or photography is allowed in the center.

Eating and Drinking Instructions

- **These are general guidelines only.**
- Patients may have up to 8 ounces of clear liquids 2 hours prior to the appointment time. (Water, apple juice, or Sprite)
- Patients who have food must wait 8 hours before having general anesthesia. If you do not follow these guidelines, it will cause a delay or cancellation of your surgery. To ensure your safety in regards to anesthesia, it is important to follow these instructions exactly.
- Because all of our patients are required to be fasting for a period of time, food and drink are not available or allowed in the surgery center reception area. If a parent/guardian or other visitor requires food or beverage, it must be consumed outside the facility.

Medications

- Please bring a complete list of your current medications, including dosages.
- You will be instructed on which medicines you should and should not take on the day before and the day of surgery.

Preparing for Arrival at the Surgery Center

- Many patients prefer to wear their own pajamas or clothing. Children should wear 2 piece clothing without “feet” attached. Avoid metal snaps, zippers or anything tight. Older children and teens may wear loose fitting sweatpants, lounge pants or pajamas.
- Patients will be asked to change into hospital gowns during the surgical procedure. Pants and shorts do not need to be removed, unless they have any type of metal (snaps, zippers).
- Assure your child his or her privacy will be respected.
- Take a shower or bath the day before or the day of surgery.
- Remove all jewelry, piercings and nail polish on fingers and toes. ALL piercings MUST be removed prior to surgery. Make sure that you can easily remove piercings on your own.
- No ponytails can be worn in the operating room.
- Security blankets or stuffed toys can accompany children into the operating room. We want your child to feel comforted and as secure as possible.
- Bring an extra change of clothes.

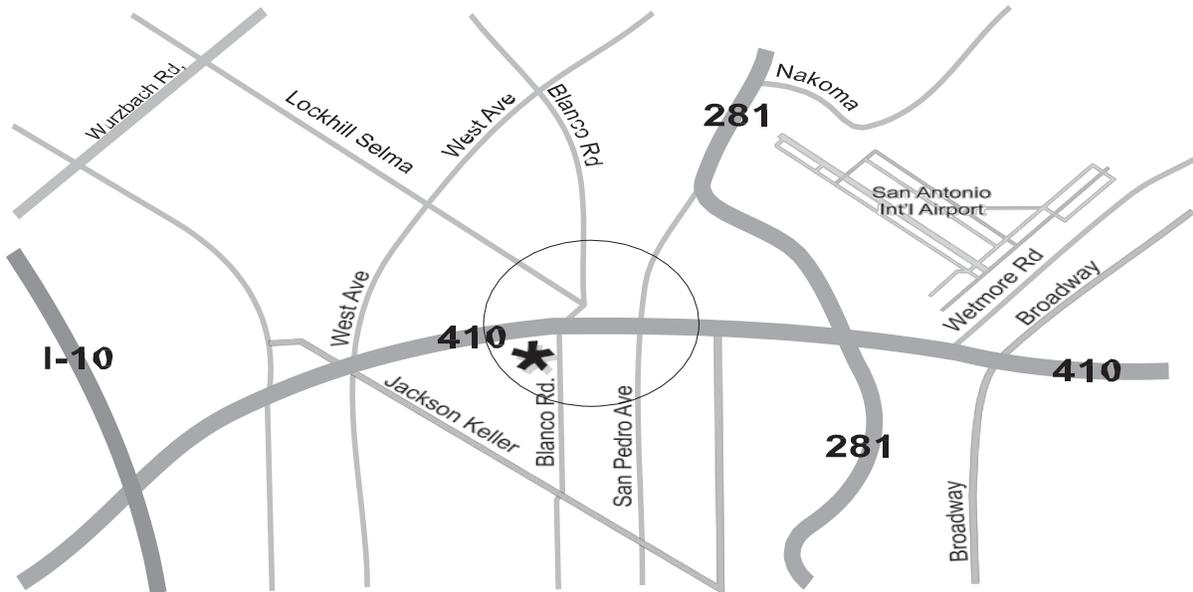
At the Surgery Center

- Please arrive at the Surgery Center at your scheduled time.
- Bring your driver’s license/identification and your Medical insurance card with you on the day of the procedure.
- **The only people permitted to sign the surgery and anesthesia consent forms are adult patients, legal parents or guardians. If you are a foster parent or legal guardian, please have your required paperwork with you. Grandparents or other relatives may not sign unless they are the designated legal guardian.**

- The admitting nurse will have information to review and paperwork to complete. She will also perform a short physical assessment, assess vital signs and ask additional questions. The nurse will go over your postoperative instructions. Please read the instructions before you go to the operating room.
- Your oral surgeon and an anesthesiologist will speak to you before your procedure. They will ask questions, review your health history and answer any of your questions or concerns.
- The operating room nurse will come to meet you so you will know who will be caring for you when in the Operating Room.
- Many steps are taken to ensure your safety. Expect to verify your identification by name, birth date and the surgery you are having. This safety check will occur a few times during the admitting process and again in the operating room by the surgical team.
- After your procedure you will go to the Recovery Room until the anesthesia begins to wear off and you just start to wake up. Your family member will be called to the Recovery Room during this phase. The time in Recovery Room varies with each patient.
- The Recovery Room nurse will review the discharge instructions and any prescriptions written for you.

Notes

- We make every effort to run the appointments on time. However, unforeseen circumstances may delay or postpone your surgery.
- Scheduled surgery times may change due to cancellations and emergencies. You may be asked to come in earlier than your scheduled appointment time.
- Please plan to devote the **entire day** to your surgery.
- Please provide current telephone numbers to your oral surgeon's office. The surgery center staff cannot leave detailed instructions about patients via voice messages.



Appointment Date: _____

Doctor: _____

I have received a copy of the Surgical Arts Center Patient Information Packet for the following patient: _____

Printed Name: _____

Signature: _____

Relation to Patient: _____

Phone Number: _____