



PARAGON
OPHTHALMOLOGY

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OFFICE VISIT WORK SHEET

Name _____ DOB _____ / _____ / _____ Date Completed _____ / _____ / _____

FAMILY HISTORY

Do any of the following run in your blood relatives? (Please circle if yes)

Glaucoma Cataracts Diabetes Cancer
Lazy Eye Blindness Heart Disease Other: _____

PATIENT MEDICAL /SURGICAL HISTORY

Please list any medical conditions and major surgeries

1. _____
2. _____
3. _____
4. _____

PATIENT EYE HISTORY

Please list any eye surgeries, trauma, or eye chronic problem

1. _____
2. _____
3. _____
4. _____

Do you presently wear contact lenses? Yes No

Do you now or have you ever had any of the following diseases/problems? (Circle Yes or No)

Recent weight loss Yes No
Stomach problems..... Yes No
Sinus problems Yes No
Kidney/Urinary problems Yes No
Back trouble Yes No
Depression/Anxiety Yes No
Arthritis..... Yes No
Headaches..... Yes No
Thyroid problems Yes No
Unusual bleeding problems..... Yes No
Other _____

Cancer..... Yes No
If yes, year diagnosed & type _____
Cholesterol Yes No
Diabetes..... Yes No
If yes, year diagnosed _____
High blood pressure Yes No
Heart trouble Yes No
Stroke Yes No
Heart Stent..... Yes No
Breathing problems Yes No

SOCIAL HISTORY

Do you smoke? Yes No If yes, since when? _____
How many packs a day? _____ Quit when? _____
Do you drink alcohol? _____ Number of drinks per week? _____
Occupation _____ Hobbies _____

MEDICATIONS (Include Insulin & Aspirin)

Medication Name and Dosage

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

DRUG ALLERGIES

Medication Name & Reaction

1. _____
2. _____
3. _____
4. _____