

Breast Lift

Also known as mastopexy, a breast lift raises and firms the breasts by removing excess skin, raising the nipple and areola to a more ideal position, and tightening the surrounding tissue to reshape and support the new breast contour.

Enhancing Your Appearance

Over time, a woman's breasts often can lose their youthful shape and firmness. These changes and loss of skin elasticity can result from:

- Pregnancy
- Breastfeeding
- Weight fluctuations
- Aging
- Gravity
- Heredity

When the descent of breast tissue and skin is significant, the only way to reverse this is with a breast lift procedure. Sometimes the areola becomes enlarged over time, and a breast lift will reduce this as well. A breast lift can rejuvenate your figure with a breast profile that is youthful and uplifted.

What It Won't Do

Breast lift surgery does not significantly change the size of your breasts or round out the upper part of your breast. If you want your breasts to look fuller or smaller, you might want to consider either breast augmentation or breast reduction surgery. The combination of a breast lift with a breast implant is called an augmentation-mastopexy procedure.

Is It Right For Me?

Breast lift surgery is a highly individualized procedure and you should do it for yourself, not to fulfill someone else's desires or to try to fit any sort of ideal image.