

Breast Reduction

Also known as reduction mammoplasty, breast reduction removes excess breast fat, glandular tissue and skin to achieve a breast size more proportional to your body size and shape, and to alleviate the discomfort associated with overly large breasts.

Enhancing Your Appearance

Overly large breasts can cause some women to have both health and emotional problems. In addition to self-image issues, you may also experience physical pain and discomfort.

The weight of excess breast tissue can impair your ability to lead an active life. The emotional discomfort and self-consciousness often associated with having large pendulous breasts is as important an issue to many women as the physical discomfort and pain.

A breast reduction procedure will address both the health and emotional issues associated with having disproportionately large breasts in an aesthetically pleasing manner.

Is It Right For Me?

Breast reduction is a highly individualized procedure and you should do it for yourself, not to fulfill someone else's desires or to try to fit any sort of ideal image.

Breast Reduction Is A Good Option For You If:

- You are physically healthy
- You have realistic expectations
- You don't smoke
- You are bothered by the feeling that your breasts are too large
- Your breasts limit your physical activity
- You experience back, neck and shoulder pain caused by the weight of your breasts
- You have regular indentations from bra straps that support heavy, pendulous breasts
- You have skin irritation beneath the breast crease
- Your breasts hang low and have stretched skin
- Your nipples rest below the breast crease when your breasts are unsupported
- You have enlarged areolas caused by stretched skin