

## **Eyelift Surgery**

Also known as blepharoplasty, eyelid surgery improves the appearance of the upper eyelids, lower eyelids, or both, and gives a rejuvenated appearance to the area around your eyes, making you look more rested and alert.

### **Enhancing Your Appearance**

Cosmetic eyelid surgery seeks to restore a youthful rested appearance to your eyes and the surrounding areas.

#### **Specifically, Eyelid Surgery Can Treat:**

- Loose or sagging skin that creates folds or disturbs the natural contour of the upper eyelid, sometimes impairing vision
- Excess fatty deposits that appear as puffiness in the upper eyelids
- Bags under the eyes
- Droopiness of the lower eyelids, showing white below the iris (colored portion of the eye)
- Excess skin and fine wrinkles of the lower eyelid
- Occasionally, your surgeon may recommend that a brow lift be performed at the same time as your upper eyelid surgery in order to ensure that the area around the eyes have an optimally rejuvenated appearance.

#### **Is It Right For Me?**

Eyelid surgery is usually performed on adult men and women who have healthy facial tissue and muscles and have realistic goals for improvement of the upper and/or lower eyelids and surrounding area. You should do it for yourself, not to fulfill someone else's desires or to try to fit any sort of ideal image.

#### **Good Candidates Are:**

- Healthy individuals who do not have a life-threatening illness or medical conditions that can impair healing
- Non-smokers
- Individuals with a positive outlook and specific goals in mind for blepharoplasty
- Individuals without serious eye conditions

#### **You must tell your doctor if you have any of these medical conditions:**

- Eye disease such as glaucoma, dry eye or a detached retina
- Thyroid disorders such as Graves' disease and under or overactive thyroid
- Cardiovascular disease, high blood pressure or other circulatory disorders, diabetes, or bleeding problems.