

## Section 12:

# Itty Bitty Inventory

*Cabinet Clues: What to stock up on when new baby arrives*

- Digital thermometer
- Vaseline or Aquaphor
- Nasal aspirator (Suction Bulb)
- Saline spray or drops
- Diaper Cream with zinc oxide
- Clotrimazole cream (anti-fungal)
- Antibiotic ointment (Polysporin or generic)
- Plastic syringe
- Liquid antacid
- Oral re-hydrating solution (Pedialyte or generic)
- Infant acetaminophen
- Hydrocortisone cream
- Band aids
- Sunscreen
- Formula
- Diapers
- Wipes
- Vitamin E cream
- Baby Eucalyptus or mentholated vapor rub
- Infant gas drops (i.e. simethicone)

\*\*\*DISCLAIMER: The advice in this book is geared for a generally healthy child without chronic medical conditions. The approach may vary for a child with special needs. The examples described here are the opinion of one physician and are not meant to replace the advice of your pediatrician.