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The dental community and various studies throughout the United States have found that Amalgam (Mercury) fillings are toxic to your health. Below is a list of some scientifically proven facts about amalgam fillings:

- ❖ Dental Amalgam contains about 50% Mercury.
- ❖ Mercury has been scientifically demonstrated to be more toxic than Lead, Cadmium, or even Arsenic.
- ❖ Mercury leaves dental amalgam continuously throughout the lifetime of the filling.
- ❖ Mercury vapor is absorbed at a rate of 80% through the lungs into the arterial blood.
- ❖ Mercury kills cells.
- ❖ Mercury vapor is absorbed directly into the brain.
- ❖ Mercury from amalgam is stored in breast milk and the fetus up to 8 times more than the mother's tissues.
- ❖ Mercury crosses the placenta.
- ❖ Mercury will severely reduce reproductive function.
- ❖ Mercury rapidly depletes the immune system.
- ❖ Mercury from amalgam is stored principally in the kidneys, liver and brain.
- ❖ Mercury is implicated in Alzheimer's disease, is directly related to Heart Disease, and causes kidney damage.
- ❖ Mercury damages blood vessels, thereby reducing blood supply to the tissues.

Dr. Stewart suggests using composite fillings for the above reasons. Unfortunately insurance companies are behind the times and they are all about saving money for the client, who is your employer, and will only reimburse our office based upon the cost of an Amalgam filling. Therefore you, the patient, has to pay an additional amount, which varies, for the difference between the amalgam and the composite material, which will be collected on the day we do the filling.

By signing this form I am acknowledging that I have read and understand what my obligation is as explained by Dr. Stewart and/or members of his dental team.

Print Patient's Name

Date

Signature of Patient or Responsible Party